SALADS

ADD Onions —No Charge

> We use all natural ingredients (organic when possible) to create delicious, from scratch, good-for-you lunches & snacks.

We always use nitrate-free deli meats.

After the Deli Window is closed a selection of salads and sandwiches is available in the refrigerated case.

(menu updated August 2019)

Save Time - Call Ahead

Your order will be ready when you are!

Call-in hours: 9 am - 1 pmPick up: any time after 11 am

486-4188

ask for the Deli

Deli Order Window open Monday – Sunday: 11 am – 2 pm

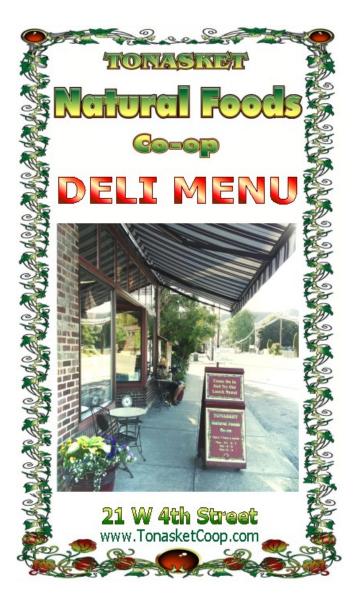


Dine in our outdoor garden during nice weather or in the comfort of our indoor Garden Room with free wifi

Hot Soup Monday-Sunday
Hot Entrée Monday-Friday

and Fabulous Freshly-Baked Cookies
to go with our freshly brewed
Organic Coffee and Teas

(Call in for daily menu!)



Deli Window open

7 days a week from 11 - 2

Store Hours

Monday – Friday: 9 - 7

Saturday: 9-6Sunday: 11-4

PANINI SANDWICHES

Grilled on a Cuban-style Telera Roll or your choice of bread

Cheese & Pesto
Ham
Roast Beef
Turkey \$8.95 Swiss cheese, roasted red bell peppers, and special panini sauce
Portobello Mushroom \$8.95 A roasted Portobello mushroom, spinach, roasted red pepper, provolone cheese, with panini sauce, or pesto or Greek dressing

THE BASIC SANDWICH

Your choice of bread, with lettuce, tomatoes, and your choice of mayo, mustard, 1000 island dressing, or horseradish

Cheese	\$6.50
Chicken Salad	\$8.25
Egg Salad (made with local farm eg	-
Ham	\$7.75
Roast Beef	\$8.50
Tuna Salad	\$7.75
Turkey	\$7.75

BREAD CHOICES:

*Rye, *100% Whole Wheat, *Sourdough, *Good Seed, Telera Roll, and a Gluten-free option (* Organic)

ANY Sandwich

can be made on any bread
— and **toasted** or **grilled** —
when ordered at the window.
So order just the way <u>you</u> like it!

ADD - Olives, sunnies, pesto dressing, pickles, cucumber, sautéed mushrooms
Cheese \$1.25 (Provolone, Swiss, Cheddar, Pepperjack)
Avocado \$1.50
Onions no charge

SPECIALTY SANDWICHES

On Your Choice of Bread

Avocado Veggie	-
Chicken Pesto	•
Cream Cheese & Black Olive Cream cheese, sunflower seeds, black tomatoes, lettuce, and mayo	•
Pesto Provolone	_

Pepperjack & Cucumber \$7.25 Pepperjack cheese, sliced cucumbers, lettuce, tomatoes, and mayo
Grilled Cheese
Grilled Ham & Swiss
Hummus
Roast Beef Rueben
Tempeh Rueben
TLT \$7.75 Baked marinated tempeh, tomatoes, lettuce, and Vegenaise
Tuna Melt
Not A Rueben

We Always Use Nitrate-Free Deli Meats